

# SUE LESTER

Head Trash Removalist

ABUSE  
LOSS  
depression  
Fear  
ANXIETY  
PAIN  
?



## TOXIC WORKPLACE

How are stress, bullying, anxiety, dysfunctional teams & disengagement stalling your business success?

## GROAN, EYE ROLL

Do your conferences and team events need an exciting dash of adventure to embed your message? Or another Death by Powerpoint?

**STOP PRESS:**  
UNCONSCIOUS BLUEPRINTS REVOLUTIONISE!

## MISSING IN ACTION

Is presenteeism costing you more than absenteeism?

## IMPOSTER SYNDROME

Who is hiding behind their desk, criticism or others' achievements because they feel inadequate, unworthy to lead?

**Sue**  
**LESTER**.com  
Mindset - Identity - Purpose

# SUE LESTER

**An adventurous head trash removalist**

**Takes your people on an exciting journey of self-discovery.**

From their seats they could dodge hippos while canoeing, be caught on a landslide in Nepal, trek with camels across the Simpson Desert, face death on a walking safari, be charged by a silver-back gorilla and float along rapids of laughter, comfortably sinking into deep pools of discovery.

Emerging with a new self-awareness, feeling reconnected, stronger and more energized for the challenges ahead, they'll thank YOU for the experience!

**Mindset  
Identity  
Purpose**

**Catalyst of  
Change**

Keynote speaker  
Breakout sessions  
Master of Ceremonies  
In-house training  
Retreat facilitation  
Author (need delegate gifts?)  
Executive & Group Coaching

Based in Brisbane, Australia

"The audience was mesmerised and energised which led to a very hearty workshopping session afterwards."

Desley Cowley, CQUniversity  
Loneliness Forum

"Sue had me on the edge of my seat! I love how she weaves her powerful message through true adventure stories."

Janelle Bostock,  
CEO Women's Network Australia

**Discuss your needs  
with Sue Lester**

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